



115 Villa Madonna Road, Rothesay, NB E2H 2X4

Tuesday, April 3 – Thursday, April 5, 2018

Conscious Aging Workshop

**Cultivate Wisdom, Connect with Others,
Celebrate Life**

Facilitated by Bill Kolodnicki



Bill is a certified IONS Conscious Aging Workshop Facilitator. He has studied negotiations and public outreach and has a B.A. in Psychology, MS, Marine Science and post graduate work in Secondary Science Education. He has a passion to learn and looks eagerly to learning from each person he meets.

As we move into our later years, life circumstances shift in ways we could not have anticipated. The IONS Conscious Aging Workshop offers participants the opportunity to lean into this phase of life by providing tools to address challenges and experiences, and to reveal the opportunities found in the later years. This powerful workshop provides the space and the opportunity for you to explore your potential for growth, sense of purpose, service and fulfillment in the later chapters of life.

Cost: \$230 per person; \$330 per couple (includes 2 nights' accommodation and all meals & breaks; \$150 commuters (includes all meals & breaks).

To Register: Call Villa Madonna at 849-5125 or toll-free 1-866-783-3300

Workshop begins with registration at 4:00 pm Tuesday and wraps up with lunch on Thursday.

OPEN TO ALL!